

JRNY:1 PETER

A JOURNEY FOR TEENS THROUGH 1 PETER



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DAY 1

When you think of the word “journey,” what comes to mind? Maybe you think about a classic movie or book where the main character goes on a mighty quest. Maybe you think about a backpacking trip that you went on with your family. Maybe you think about the Golden State Warriors and their journey to the Finals.

The book of 1 Peter is all about a journey, the journey of Christians in the world. When this book was written, Christians were scattered all over the world because of the persecution that threatened their lives. Persecution was a daily reality for Christians in that time. Peter, the author of the book, was a leader in the church who wanted to encourage followers of Jesus to stay strong despite that harsh reality. Let’s join Peter and see what he has to teach us in his writings.

Action Steps:

Before you get started on this journey, watch this video to help prepare both your mind and heart:

<https://www.bible.com/videos/3117-1-peter-the-bible-project>

DAY 2

There is something about being away from home that makes us uneasy – things are unfamiliar and uncomfortable. We often welcome and embrace these changes at first, but after some time we begin to miss the comforts that we are used to.

Peter is writing this letter to people who had to leave their home permanently and live in a foreign land – they aren’t just on a trip; this is their new life. They are exiles. They are outsiders. They are uncomfortable and they miss their home. The book of 1 Peter tells us about a different kind of home – one that we are born longing for and we are living exiled from. A heavenly home that we are on a journey back to. We can relate to the people that Peter is writing to because we are living as exiles in a foreign land as well! Believe it or not, you aren’t made to live in your parent’s house forever! God made you to live with him, so as long as you aren’t in heaven, you are in “exile.”

When you read about “Sanctification of the Spirit” (v. 2) know that Peter is referring to the process of the Holy Spirit helping us become more like Jesus. While God works in our lives to transform us, we need to work to let him transform us. He has good intentions for us but he doesn’t force anything on us, so we have to be willing to change. This process is a part of each is a daily part of our lives and a part of the journey that we will embark one, or rather, have already begun.

Prayer:

As you read through this book, pray that God would reveal this journey to you – the journey back home.

“God, I recognize that I am on a journey. I know that it won’t always be easy, but I pray that you would give me strength to keep going. I receive what you want to teach me through 1 Peter. Amen.”

Read:

Read 1 Peter 1:1-2

Read Psalm 119:19

DAY 3

Did you know that if a European airline was flying over America from Europe and a baby was born on that plane at that time, that the baby would be an American citizen? Where you are born determines your citizenship. Citizenship is important to our everyday lives – it gives us many rights in our country that non-citizens (aliens) don’t have.

We are all natural-born citizens of the human race. When we are born our eternal passport is stamped “EARTH.” But we know deep down inside of us that earth is not our real home – we have a longing for our true home, we long to return from the exile. We long to be citizens of the home that God has for us.

Thankfully God loves us enough to make this possible! Verse 3 tells us that “in his great mercy, God caused us to be BORN AGAIN to a living hope through the resurrection of Jesus Christ.” Do you see that? God caused us to be born again in Jesus – that way we can be citizens of Heaven.

We see this truth time and time again as we read about God adopting us into his family and giving us citizenship in heaven as we place our faith in Him! As God has made a way for us to become citizens of HIS home, we get to share with Jesus the “perks” that have been listed below!

- We are completely FORGIVEN
- You become a Child of God.
- You have access to God
- You are reconciled to God (restored relationship)
- You are Justified (declared guiltless)
- You are IN CHRIST (walking in Christ and not self)
- You are acceptable to God
- You have a heavenly citizenship
- You have brothers and sisters in Christ
- God loves you completely
- You are glorified (new perfect body in heaven)
- Co-heirs with Jesus
- You are Redeemed (He has bought us with a price)
- A living relationship with God
- Delivered from the power of darkness
- Members of a Royal Priesthood
- You receive his inheritance that can never fade
- Can never lose your salvation
- You are complete in Him
- Possess every Spiritual Blessing

Prayer:

“God, I thank you that my citizenship is in heaven. I thank you that you have given me all the rights and privileges that you’ve given Jesus. Please never let me take your gifts for granted.”

Read:

Read 1 Peter 1:3-5

Read Philippians 3:20-21

DAY 4

There’s a cheesy quote that goes something like, “It’s not about the destination, it’s about the journey.” But whoever said that has not gone on a road trip. Road trips are DEFINITELY about the destination. My family has a cottage that is 13 hours away. Even though that’s CRAZY FAR, every June we would pack up the car and take the drive up there. Now that was a journey! But the WORST part of the trip was always being crammed in the back with 3 other kids and 2 dogs for 13 hours!

If you don’t agree with me, take it up with Peter. In verse 6, he tells us that the journey can be rough. Peter warns us that on our journey we WILL have trials, but these trials are to test the genuineness of our faith. And the result of our faith is salvation.

Are you going through a trial right now?
Have you been through a trial recently?
How have you seen God grow your faith through trials?

Prayer:

“God, it is hard for me to understand how trials can be good, but I trust you. I know that as trials come you will give me all that I need. You are good. Amen.”

Read:

Read 1 Peter 1:6-9

DAY 5

Has anyone ever told you that the Old Testament doesn’t apply anymore? Have you ever read an Old Testament story and thought, “THIS IS IMPOSSIBLE TO UNDERSTAND AND I DEFINITELY DO NOT NEED TO READ THIS!” I think we all have. BUT the thing is, the Old Testament is **absolutely essential** for Christians today.

Peter tells us that all the things that we know about Jesus were “revealed” to the prophets while they were writing about the Messiah (that’s Jesus, btw). So now whenever your pastor teaches you something about Jesus, he is really teaching you something that the Old Testament prophets already tried to teach you! (trippy, right?)

The message about Jesus (the gospel) was first predicted by the authors of the Old Testament before it came to pass in the life, death, and resurrection of Jesus! If you have placed your faith in Jesus, you’ve believed in this message!

Prayer:

“God, I thank you for the Bible!! I thank you for the Old Testament! Please give me a love for your Word. Give me discipline to read it and meditate on it each day. Amen.”

Read:

Read 1 Peter 1:10-12

Read Isaiah 61:1-2

Read Micah 5:2

Read Luke 24:13-27, 44

DAY 6

Have you ever heard someone say, “I’m only human”? Usually, we use it as an excuse for when we mess something up. No judgement—we’ve all been there. There is something inside of us all that makes us fail... A LOT. No matter how hard we try, we always seem to find a way to mess things up.

In Genesis 3:1-7, we read the story of what Bible nerds call “the Fall of Man.” Adam and Eve were given everything that they needed to live in perfection, but they still chose to do the one thing that God instructed them not to do. This means that because of Adam’s one rebellious act, all of mankind now suffers from a heart that has turned away from God.

In 1 Peter 1:13-16, Peter tells us “to be holy” just as Jesus is holy. Based on what we just learned, this is impossible! Fortunately, Adam wasn’t the end of the story, but the beginning! Romans 5:18-21 says that Jesus is the “New Adam” and that we can now be perfect just like he is perfect. God re-creates us in the image of his Son when we trust in his work for us on the cross. Amazing!

As you read, ask yourself, “In what ways do I have a rebellious heart?” Once you have thought of your own rebellion, ask yourself, “How does Jesus answer my rebellion? How does he give me hope?” He gives you eternal life (Rom 5:21)!

Prayer:

“Father, I thank you that I have been made new because of Jesus’ death and resurrection. I thank you that my human nature is dead and that I have new life in Christ. Thank you for grace and eternal life. I love you. Amen.”

Read:

Read 1 Peter 1:13-16

Read Genesis 3:1-7

Read Romans 5:12, 18-21

DAY 7

Spending six days studying one chapter of the Bible might seem like a lot, but it is one of the best things that you can do for your soul! In fact, the author of Proverbs says that meditating on the words of Scripture is literally “life” and “healing” for you. The Psalmist says that studying the words of Scripture will make you like a strong tree planted by a river.

You may know or have seen people within the Jewish faith that wrap parts of their body with a cord and a small box. Inside of the box they place a scripture inside of it so that it forces them to be reminded of the truths that God has promised them. I bet if you wrapped something around your arm you would surely remember what’s in the box too! To these men it’s a very clear way to meditate on God’s word.

Action Steps:

Take a few moments and write down some of the things that you have learned in Week One of this journey through 1 Peter.

Read:

Read Proverbs 4:20-22

Read Psalm 1:1-3